

Serving Parents
and Providers in
Cherokee,
DeKalb, Jack-
son and Mar-
shall counties

Childcare Resource Network Newsletter for May 2009



National Provider Appreciation Day: May 8

Provider Appreciation Day is a special day to recognize child care providers, teachers, school-age program staff, child care center directors and staff, and all those who are responsible for children and their education and care. It is estimated that there are nearly 2.8 million child care providers in the United States and that nearly 11 million

children under age 5 are in their care. Ninety percent of brain development occurs during these first five years.

Childcare Resource Network recognizes that the children and parents of Northeast Alabama depend on our child care providers. This holiday is to recognize your hard work and dedication and to ac-

knowledge your contributions to high-quality care.

As we here at CRN say often, you are dedicated professionals who make a difference in the lives of children every day. **THANK YOU!!**

Data from NACCRA Provider Appreciation Day Press Release dated March 27, 2009.

History of Mother's Day

The ancient Egyptians, Greeks, and Romans all honored and celebrated mothers. The ancients, however, were more likely to celebrate their goddesses. Later, in Europe, early Christians used a Motherhood Day on the fourth Sunday of Lent to honor the church in which they were baptized, their "Mother Church". They would decorate the place with jewels, flowers, and other offerings. In the early 1600's a clerical decree broadened the celebration to include real Mothers earning the name Mothering Day".

The holiday became a compassionate holiday for the working classes of England. During this Lenten Sunday, servants and trade workers were allowed to travel back to their towns of origin to visit their families, enjoy a sumptuous feast and make Mother the guest of honor. Mothers were presented with cakes and flowers.

The first English settlers to come to America discontinued the tradition of Mothering Day. While the British holiday would live on, the American Mother's Day would be invented centuries later. One explanation for the discontinuation was that the settlers just didn't have time. Another is that Mothering Day conflicted with their Puritan ideals.

The first American Mother's Day was dreamed of by Julia Ward Howe, the writer of The Battle Hymn of the Republic. Distraught by the death and killing in the Civil War and the loss of so many Mother's Sons, in 1870, she called for an international Mother's Day celebrating peace and motherhood. Howe initially funded many of the celebrations which were held on June 2nd. However, when she stopped footing the bill, most of them died out.

Later, in 1908, after her mother died, Anna M. Jarvis campaigned for the creation of an official Mother's Day in remembrance of her mother and in honor of peace. In 1908, she petitioned the superintendent of the church her mother had attended, and her request was honored. On May 10, 1908, the first official Mother's Day was held at Andrew's Methodist Church in Grafton, West Virginia. Later that year a U.S. Senator from Nebraska proposed making Mother's Day a national holiday. The proposal was defeated, but by 1909 forty-six states were holding celebrations. In 1914, Woodrow Wilson signed it into national observance, declaring the second Sunday in May as Mother's Day. By the time of Ms. Jarvis' death, over 40 countries observed the Mother's Day.

From www.mothersdaycentral.com.

Our color this month
is GREEN!

Special Days in May

Get Caught Reading Month

Family Wellness Month

Healthy Vision Month

National Salad Month

Be Kind to Animals Week 3-9

National Family Week 3-9

Reading is Fun Week 10-16

Nat'l Etiquette Week 11-15

Children's Book Week 11-17

May 1—May Day

May 5—Cinco de Mayo

May 8—Provider Appreciation Day

May 10—Mother's Day

May 25—Memorial Day

May 31—World No Tobacco Day

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Volume 2, Issue 5

Editor: Myra Holt

If you have requests for a specific training, please notify us.

Volume 2, Issue 5

Child Care Safety Standards

Our states work to protect the basic health and safety of children in child care through licensing regulations. The primary benefit from public regulation is that children are in settings that protect them from harm and promote their healthy development. We can help child care providers meet requirements for health and safety by improving licensing and monitoring.

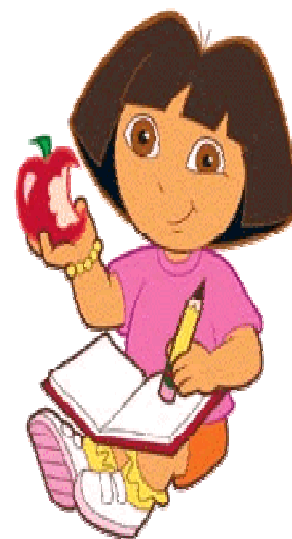
Research shows that harm is much more likely to come to

children in programs with higher child/staff ratios and with untrained teacher. Rules and regulations should be user friendly without compromising child protection.

Exemplary regulations are found in the Army's regulations for child development services. They are considered the "gold standard" for safety and quality, and inspections are a requirement. Check them out sometime.

In Alabama, all **licensed** child care facilities must meet the requirements set forth in the Alabama Department of Human Resources Minimum Standards for Day Care Centers and Night-time Centers Regulations and Procedures.

Some excerpts from NAEYC Position Statement on Licensing and Public Regulation of Early Childhood Programs 1998. the Child Care Bulletin Issue 28, Winter 2003, and Emerging Trends in Child Care Regulation April 1997.



Science Corner

Tough Tissues

Materials:

Two pieces of facial tissue
An empty plastic container, such as a margarine tub
An elastic band
100 pennies

What to do:

A tissue is made of two or three layers. Take on tissue and carefully pull apart the layers.

Place one layer of the tissue over the container. Ask an adult to use the elastic band to hold the layer in place.

Hold your hand about 4 inches above the tissue. Drop pennies, one at a time, until the layer tears. How many pennies fell into the container?

Take a second tissue, but do not separate the layers. Repeat steps 2 and 3. Do layers make the tissue stronger?

What's happening?

The second tissue was stronger because it had two or three layers. Strong tissues are important when you have to sneeze.

Fold It

Does folding make a structure stronger?

Materials:

A 4" X 8" strip of paper
2 plastic glasses or small containers
20 pennies

What to do:

Place the paper strip across the glasses to form a bridge.

Place a few pennies on the bridge. Did your bridge collapse?

Fold the paper back and forth along the long edge.

Place the folded paper strip across the glasses.

Place pennies on the bridge again. Can you add more pennies now?

What's happening?

By folding the paper, you change the bridge and made this structure stronger.

An example of this is the three layers in cardboard. The 3 layers with the middle layer folded, make the cardboard really strong.

Thanks to Sandra Kritner of Jackson County for a book of science experiments, Science You AND the Kids Can Do!, written by Adrienne Mason and Illustrated by Claudia Davila.



**CHILDCARE RE-
SOURCE
NETWORK
CONTACT INFO**

P O Box 681025
659A Wallace Avenue, NE
Fort Payne, AL 35968

Phone: 256-845-8238

Fax: 256-845-6731

E-mail:

Judy Davidson, Education Director:
judydavidson.CRN@hotmail.com

Myra Holt, Program Director:
myraholt.crn2008@yahoo.com

Childcare Resource Network has been in the child care business since 1973. In 1993, Childcare Resource Network was incorporated as a child care management agency. From that time, Childcare Resource Network has offered training and resources to caregivers and parents in Cherokee, DeKalb, Jackson, and Marshall counties. Now, we continue our service to this region as a Quality Enhancement Agency.

The quality of care that children receive during their pre-school years has been proven to have a great impact on their future success. Confident, well-trained caregivers are essential to quality child care. When caregivers and parents take advantage of the training opportunities and learning resources available to them at CRN, all children benefit.

**Mary Sibert Davis,
Executive Director**



In the first piece on the front page of this newsletter, we said that May 8 is Provider Appreciation Day. Everyone in this country should be appreciative of child care providers every day, and many folks are. However, too many people who don't have children, who have already raised their children, and even some parents of young children don't appreciate the tremendous job that you who care for children are doing. Nor do most think about our children as our future. It's a good slogan for many, though!

I recently attended the Alabama Pre-K conference. Dr. T. Berry Brazelton spoke and told us that America ranks near the bottom in the world in how it values children. For those of us in the child care business, this is no surprise, we see it and feel it every day. However, we also get to see children growing and becoming their own persons. We feel the hugs and kisses they give us and the love they feel for us. We also feel the gratitude that many of the parents show us for taking good care of their children. Most days that makes up for a lot. And as always, we hope for "one day" when caring for children will be considered vital and of great consequence.

Both my children attended day care and loved it. They loved their teachers, the directors, the cooks, etc. (Some days my son didn't want to go home!) They are both adults now and I am so grateful that I had help from good people who loved them and helped me raise them. Politics aside, it really does take a village to raise a child, and many of us don't live close enough to extended family, as people once did, to depend on them for help with our children. Our providers fill so much of that gap for families every day. Thank you all for the wonderful, professional, loving work that you do!

Appelbaum Training Institute

Presents

“The Wonderful World of Children”

A fun-packed day of training for Childcare Professionals!

Sponsored by

Northeast Alabama Community College

And

Childcare Resource Network

Saturday, May 16, 2009

8:00 – 3:00

Location:

Workforce Development Building
Northeast Alabama Community College
Rainsville, AL

Participants will receive 6 hours of credit in the following categories:

Positive Discipline and Guidance: 2 hours

Curriculum: 2 hours

Child Development: 1 hour

Professional Development: 1 hour

**Breakfast and Lunch provided, compliments of
Osborn Brothers, Inc. of Gadsden**

Doors open at 7:15!

Enjoy a delicious breakfast and browse the vendors' exhibits!

Class begins at 8:00

Come join us for an exciting, fun-filled day, packed with new ideas to take
back to your classroom!

DOOR PRIZES!

Participation is FREE, but you MUST register to attend!

(See Page 2)

Wonderful World of Children Agenda

The Top Ten Child Care Problems and How to Fix Them
Top-Notch Strategies for Children with ADHD
The Fun Way to Play: Goldmine of Ideas to Enhance Playtime
Fun, Fun, and More Fun with Literacy
Super-Duper Success Strategies for Teaching Children
The Parent Trap – 20 Must-Knows for Teambuilding with Parents
“Paint the Town” with Songs and Spanish-Fun
Bonanza of Solutions for a Razzle-Dazzle Classroom

Four Ways to Register:

- Call Judy Davidson at Childcare Resource Network (256) 845-8238 and leave your name and number.

DO NOT CALL THE COLLEGE TO REGISTER!

- **OR** fax your registration request to Childcare Resource Network (256) 845-6731.
- **OR** Email your registration to Judy Davidson at judydavidson.CRN@hotmail.com
- **OR** Mail your information to Judy Davidson at Childcare Resource Network, PO Box 681025, Fort Payne, AL 35968-1611.

Established in 1989, the Appelbaum Training Institute has become our nation's most successful company that provides teacher training. Since that time, ATI has provided seminars, workshops, in-services, and self-instructional materials for more than one million individuals in the United States, as well as abroad.

We are honored to be able to bring this dynamic training to you. It promises to be an exceptional event.

Please register early, as space is strictly limited. We can register up to three people from each childcare facility; additional staff wishing to attend will be placed on a waiting list.

For more information, contact Judy Davidson as above.




Footprints

"Walk a little slower daddy," said a child so small.
'I'm following in your footsteps and
I don't want to fall.

Sometimes your steps are very fast,
Sometimes they're hard to see;
So walk a little slower, Daddy,
For you are leading me.

Someday when I'm all grown up,
You're what I want to be;
Then I will have a little child
Who'll want to follow me.

And I would want to lead just right,
And know that I was true;
So, walk a little slower, Daddy,
For I must follow you."







May, 2009

Training Registration Form

Please call, mail, fax, or email this form to CRN.

Childcare Resource Network

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5 "Keeping School Cool" 6:30—8:30 pm Fort Payne	6	7 "Keeping School Cool" 6:30—8:30 pm Guntersville	8  Provider Appreciation Day!	9
10 	11	12	13 Directors' Luncheon 11:30—1:30 Centre	14	15	16 Super Saturday! 8:00-3:00 Section
17	18	19 "Meeting the Meth Challenge" 6:30—8:30 Guntersville	20	21 "Meeting the Meth Challenge" 6:30—8:30 Fort Payne	22	23
24/31	25 	26	27	28	29	30 
Please include your contact information						

Name:
Name of Center/Home:
Phone:

Cost	✓	Title / Location	Date
Free		"Keeping School Cool"	May 5
Free		"Keeping School Cool"	May 7
Lunch		Directors' Luncheon	May 13
Free		"Super Saturday"	May 16
Free		"Meeting the Meth Challenge"	May 19
Free		"Meeting the Meth Challenge"	May 21

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judydavidson.CRN@hotmail.com